

# Community of Practice Women's Health and Wellbeing Support Services – Peer Support

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Thursday 13<sup>th</sup> July 2023

FACILITATED BY

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## Acknowledgement of Country

We respectfully acknowledge the Traditional Custodians of the many lands on which we live, work and learn.

We pay our respects to the First Nations people and their Elders, past, present and future

# Agenda

1. Mindfulness exercise:
2. Introductions
3. Today's topic: Women's use of violence – panel review
4. Any other Business: ...
5. Next CoP: DV Connect – Thursday 8<sup>th</sup> June 2023 at 10am
6. Peer Support – Thursday 13<sup>th</sup> July at 11am. Panel discussion – How do you use the DFV and SV guides?

# Mindfulness activity

- Practice Gratitude
- Write down three things that you are grateful for.

# Introductions

- Name
- Where you work
- How long have you been in DFV/SV/WHW sector?
- What have you discovered recently?

# Women's Use of violence

- Self-defense/retaliatory
- “Difficult” victim
- Intersectionality and prejudice
- Patriarchy and sexism
- Trauma response
- Both parties are at fault
- Criminalization of DFV
- ???

# Case Study

Julie is a new client. Julie has no children and works part time as a medical receptionist.

She self referred after the police were called during a verbal “argument” between herself and her husband of 5 years. She tells you that she wants some help on her use of abuse with her husband as there is now a Police DVO against her.

Julie states that she is not scared of her partner and during intake, Julie did not disclose experiencing any abuse from her husband. She has previously had an abusive partner of 15years where there was extreme physical abuse, sexual abuse and coercive control. Julie has spoken about her behaviours towards her husband and is adamant that she is the one with the problem.

Julie presents as very quiet and polite but talked in the intake session about feeling angry all the time since her first marriage.



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