

THINKING ABOUT MY VALUES

Adapted: IPAS VCAT <https://ipas.azureedge.net/files/VALCLARE14-VCATAbortionAttitudeTransformation.pdf>

INSTRUCTIONS

Please think carefully about the following questions and answer honestly, according to your personal experiences. Please keep your written responses brief and circle the short answer responses. There are no right or wrong answers. You will not be asked to share this self-audit with others.

Part A: Family and Social Groups

1. Did the family who raised you discuss specific beliefs or values regarding abortion?

Yes

No

Please describe:

2. Did you experience any personal or family events that changed your beliefs or values about abortion?

Yes

No

Please describe:

3. Describe similarities or differences between the values you presently hold about abortion and your family's values.

4. Do your family's values about abortion reflect the values commonly held by your family racial or ethnic group, cultural heritage or nation?

Yes

No

Please describe:

5. Do you think the socioeconomic situation you were brought up in influences your values about abortion?

Yes

No

Please describe:

6. Is your present socioeconomic situation and/or level of formal education different from that of the family who raised you?

Yes

No

Please describe how this has affected your views on abortion:

7. For questions 1-6, how would you have answered differently if we asked about second or third trimester abortion?

8. Which one social group has had the greatest influence on your current values related to abortion?

- Cultural
- Family who raised you
- Friends
- Religious/spiritual
- Professional colleague
- Activist community
- Other, describe: _____

9a. For this *same* social group of influence (from question 8 above), CIRCLE which one of the following in each category would be *most considered the accepted norm* for that social group? (Example: circle what is the number of children that group considers the accepted norm: 0 to 5 or more?)

# of Children	Children	Parents/carer	Age of New Parents/ carer
0	Biological	Single, heterosexual parent	age <20
1	Adopted	Two heterosexual, married parents	age 20-30
2	Fostered	Two heterosexual, unmarried parents	age 30-40
3	Kinship care	Multi-parent or multi-generational household	age 40-50
4	Combination	Single, lesbian/gay/bisexual/transgender/non binary parent	age 50+

5 or more		Two married/committed, same-sex parents	
Other (please describe):			

9b. How does this compare with your present family/living configuration?

If there are differences, how has this caused conflicts with this social group?

10. Do your current values differ from the values you were raised with in any of the following areas? Check all that apply:

- Definition of family
- Family size
- Mixed race/culture marriage/partnership
- Sex before marriage
- Role of women in family
- Marriage/partnership relationship
- Role of men in family
- Use of birth control
- Adoption or foster parenting
- Divorce
- Parents and children from previous relationships combined through new marriage or partnership
- Importance of formal education
- First-trimester abortion
- Career

- Second-trimester abortion
- Involvement in politics

Part B: Religion and Spirituality

1. Have you held the same spiritual/religious beliefs since childhood?

- Yes
- No

If yes, describe what they are:

If no, describe how they have changed:

2. Describe how your spiritual/religious beliefs are similar or different from those of the family that raised you:

3. If you belonged to a spiritual/religious group while you were growing up, please describe that group's views on abortion:

4. If you belong to a different spiritual/religious group now, please describe that group's views on abortion:

5. How do your personal spiritual/religious beliefs relate to your views on abortion?

6. Do you consciously refer to your spiritual/religious beliefs when you are making an important life decision?

- Always
- Sometimes
- Not Usually
- Never

7. Describe a time when you felt challenged by a life event or circumstance that called for an action not supported by your religious/spiritual beliefs?

How were you able to reconcile this action with your beliefs?

8. Do your current values about any of the following topics conflict with your spiritual/religious beliefs in any way? Check all that apply:

- Definition of family
- Family size
- Mixed culture marriage/partnership

- Sex before marriage
- Role of women in family
- Marriage/partnership relationship
- Role of men in family
- Use of birth control
- Adoption or foster parenting
- Divorce
- Parents and children from previous relationships combined through new marriage or partnership
- Importance of formal education
- First-trimester abortion m Career
- Second-trimester abortion
- Involvement in politics

If so, give some examples of how you attempt to reconcile these conflicts:

Part C: Age/Life Stage and Experience

1. Describe how your insights about romantic relationships have changed from when you were an adolescent; in your mid-20s; mid-30s; 40s and older:

2. What do you think is the ideal age for a woman to have her first child?

How have your views about this changed over the years?

3. What were your beliefs about abortion when you were an adolescent?

4. Describe how your views on abortion have changed since that time. What specifically contributed to that change?

5. How do you think your present age affects your perspective when discussing pregnancy options?

6. How would you answer questions 3-5 if we asked about second-or third trimester abortion specifically?

