# **1800RESPECT**

NATIONAL SEXUAL ASSAULT, DOMESTIC FAMILY VIOLENCE COUNSELLING SERVICE



Hannah Taylor National Disability Pathways Project Manager 2019



At 1800RESPECT, we acknowledge Aboriginal and Torres Strait Islander peoples as the First Peoples of this nation. We proudly recognise Elders, past, present and emerging as the Traditional Owners of the lands on which we work and live.

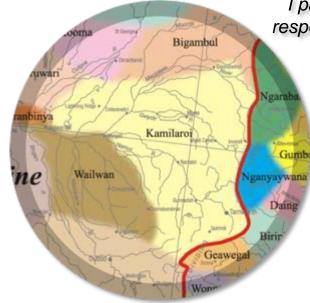
We value an organisation wide culture based on respect, and understand that respect for Aboriginal and Torres Strait Islander peoples and their cultures supports our continued growth as an organisation, and as a nation.



As a proud Kamilaroi woman I would like to pay my respect to the Traditional Owners of the land I work, live and walk.

I pay my gratitude, honour and respect to the Elders past, present and emerging.







### DOMESTIC AND FAMILY VIOLENCE

Domestic and family violence happens when one person in a relationship hurts another or makes them feel unsafe.

### Who is affected?

Domestic and family violence can happen to anyone — that is, a person from any country, religion, sexuality, gender, social background or culture.

### What does it involve?

Domestic and family violence can involve behaviour that is violent, which can, but does not have to be physical.





Domestic and family violence can happen to anyone. It occurs in all races, religions and genders.

People belonging to certain groups or communities may experience higher rates of domestic and family violence than others.

Some people can also experience forms of violence specific to a part of their culture, identity or situation.

They may also experience unique challenges in finding support or leaving a violent situation.



### **1800RESPECT**

1800RESPECT is a free confidential telephone and online counselling service available 24 hours a day, offering:

- Information on sexual assault and domestic and family violence
- Referral to relevant services, including specialist counselling
- Counselling for anyone impacted by sexual assault, domestic or family violence
- Debriefing in real time for front line professionals and support workers

### **1800RESPECT** is staffed by professional counsellors and provides support for:

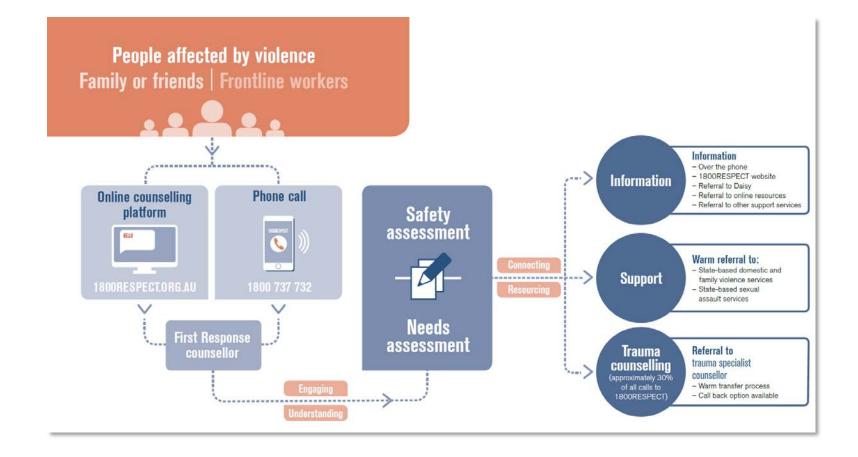
- People experiencing, or at risk of experiencing, sexual assault, domestic or family violence
- Friends and family

VIOLENCE COUNSELLING SERVI

• Workers and professionals

If you or someone you know is impacted by sexual assault, domestic or family violence, call

In an emergency, call 000.







"1800Respect is a wonderful 24/7 service which fills the gap between crisis interventions and face to face counselling, sometimes people are not ready for face to face counselling yet or sometime triggers a trauma which they need immediate specialist counselling support."

- Michelle Wicks, CEO DV Connect

"1800RESPECT is a critical service for Australians affected by domestic, family and sexual violence in Australia. WSSSA is honoured to be among the providers of specialist trauma counselling within the program. Every day we work closely with Medibank, safe steps and DV Connect to ensure that people who are at risk of, and impacted by, violence are heard, believed and supported."

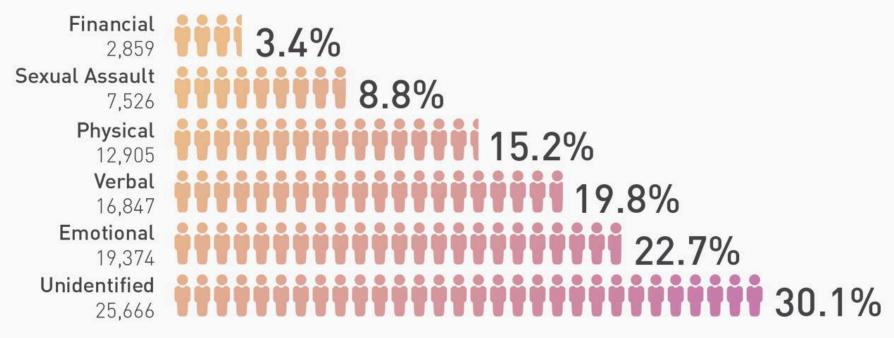
- Ginny Cisneros, CEO Women's Safety Services SA





**1800RESPECT** 

## **KINDS OF VIOLENCE REPORTED**



Data is based on calls and online counselling (webchats) received 1 July - 31 March 2018

# **1800RESPECT**



### OFFERED CALL VOLUMES

|                 | FY 17 – 18 | Oct-Dec 18 |
|-----------------|------------|------------|
| First Response: | 109,372    | 43,585     |

The service has seen a significant increase in call volumes over the last year.

Anecdotally, this increase is in part a consequence of the #metoo movement and increased confidence in the service.



### 1800RESPECT AND DISABILITY PATHWAYS PROJECTS

- Sunny App
- Disability pathways project
- National Consultations with people with disability, rural and remote communities

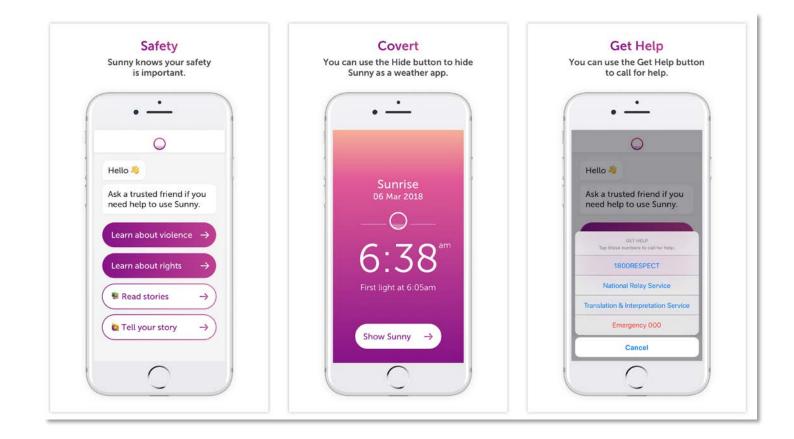




Expert advisory group of women with disability



### Sunny APP





When asked about other key issues for addressing family violence for Aboriginal and Torres Strait Islander women, Sandra is again succinct: "We need to heal."

It is essential, however, that Aboriginal and Torres Strait Islander women be at the table when considering issues that affect their own communities, she continues.

"We cannot have someone else from another area talking about the women, the women need to be the voice."

Sandra Creamer is the interim CEO of the National Aboriginal and Torres Strait Islander Women's Alliance (NATSIWA), and a member of the 1800RESPECT National Sector Advisory Group.

"We all yearn for acceptance, but it is only when we sincerely respect difference, while upholding the dignity of humanity, that a true sense of belonging is revived."

"We need to surround ourselves with the right people, who care enough to hold our dignity."

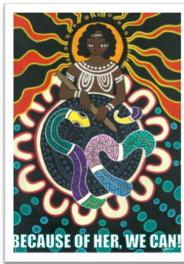
"I am very hopeful for the future. I am pleased to work alongside 1800RESPECT to advise the national support service as part of their National Sector Advisory Group. It is heartening to know that people are listening and evolving."

**BOORESPECT** Maha Krayem Abdo OAM, CEO Muslim Women Association



1800RESPECT National Sector Advisory Group







Aboriginal people are a connected and holistic people; we need to be connected to each other, the earth/our land, ourselves and our ancestors spirits.

We feel the spirits of those that guide us in the trees, walking on land, through the animals.

When one of these connections is broken, we become disconnected and we see this disconnection in our fathers, mothers, aunties, uncles, brothers, sisters and communities.

Through our impacts of Aboriginal & Torres Strait Islanders and DFVSA training we take our counsellors on a journey and tell them the stories of our Ancestors, our culture and our stories about being Aboriginal in Australia.

They will view the world through our eyes, not as victims, but as survivors, warriors and as part of a rich culture.

#### Hannah Taylor, a proud Kamilaroi woman

### THANK YOU FOR YOUR TIME TODAY

**1800RESPECT** NATIONAL SEXUAL ASSAULT, DOMESTIC FAMILY VIOLENCE COUNSELLING SERVICE Medibank Health Solutions ABN 99 078 934 791 is contracted to deliver 1800RESPECT for the Department of Social Services