

WRITING FOR WELLBEING SERIES

Createplace, in partnership with Metro North Hospital and Health Services (Brisbane), will be offering in 2018 the following FREE series aimed at clinicians, allied health professionals and peer workers of all levels of expertise.



Following on from insights gained from the forum held on the 16 March 2018, this workshop is an opportunity for clinicians, allied health professionals and peer workers at all levels of expertise to sample how evidence-based arts activities can aid in recovery and burnout prevention. Our storytelling, writing, arts and literature workshops can be tailored for clients, carers, peer supporters, consumer companions, and clinicians. Participants will sample genres such as memoir, fiction narrative, digital storytelling, fairytales and poetry during this session. No prior creative writing experience is required.

Facilitators of the workshops Writing for Wellbeing

(as they appear on the photograph):

- Elena Volkova
M Arts - HDR, Transmedia Studies, GDip – Museum Studies, BA Literary Studies
- Leanne Dodd
PhD Candidate – Arts & Humanities, GCert Tertiary Ed, B Com, Dip Art Therapy
- Pam Blamey
M Mental Health, Art Therapy, GDip Soc Sc – Counselling, B Soc Sc – Human Services
- Nicki Cassimatis
GDip Education, B Arts, GCert Mental Health candidate

*'I can shake off
everything as I
write: my sorrows
disappear, my
courage is reborn.'*
Anne Frank

Please, bring your notebooks, pens and/or laptops.

Date: 11 April, 2018 | 10 am - 3 pm

Location: Training Room, Chermiside Community Health, [490 Hamilton Road, Chermiside](#)

Morning tea will be provided. Please, bring your own lunch (refrigerator available). There are also two coffee shops on the hospital grounds. On-site parking is available.

To find out more about Createplace and about the possibilities offered by our tailored workshops, visit www.createplace.net

To register call Peta Mitchell on 3139 3205 or 0405 505 926 or email:
Recovery_Support_Services@health.qld.gov.au